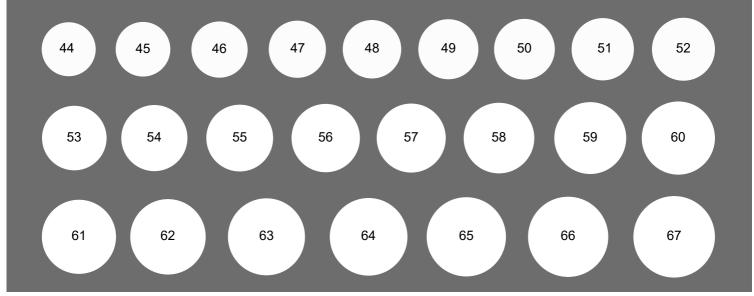


Before you start measuring your ring size, be sure that this guide is printed in A4 paper size and scaled to 100%. You can check the accuracy of your printed guide by measuring the following line. The line must be exactly 3 cm.



OPTION 1: MATCHING A RING WITH A CIRCLE

To measure your ring size with option 1 you should find a closed ring (not adjustable) that fits you well and place it on the circles below. When your ring has been placed correctly you should see only the white circle, no colour inside your ring. If your perfect ring size fits between two circles, is better to choose the larger size.



OPTION 2: MEASURE WITH ACTINA RULER

First of all you should cut out the ruler and carefully create a slit. Wrap the ruler around your finger at the base and pull the tappered end though the slit. The point of the ruler shows your perfect ring size.



Important notes:

- *Finger size changes depending on the time of day and the weather. For best results measure your finger size at the end of the day and when your fingers are warm. Fingers are smaller in the early morning and when it is cold.
- *Make sure to measure the actual finger where you plan to wear the ring as sizes on the two hands are different.